

Opening-Workshop ‚Trust Room‘, eingereicht von Jeanette Müller in Kooperation mit Doris Wilhelmer und Petra Wagner.

Projektbeschreibung:

WELCOME TO THE

TRUST ROOM

The Trust Room is a sensory room where conditions are provided to create trust between diverse people. Its aim is to foster common creativity and open hearts and minds for constructive dialogs and great learning experiences, which allow us to work on meaningful social and technical innovations. The Trust Room is based on interdisciplinary research findings (political science, sociology, psychology, economics and neuroscience) as well as applied and fine arts.

What enables us to trust each other? A kind of trust which attracts us to build ideas, to exchange experiences, to share skills and benefits – and to create and generate new ones with pleasure. Even if we have no common reference systems? If we have different professional backgrounds, different social or cultural backgrounds, different experiences, different languages, different ages or functions?

What are the invisible strings between people which allow us to feel connected - to oneself, to each other? Can we make them stronger, and HOW can we achieve that? WHY we should act like this is obvious: we are all living in a complex world full of diversity – we need each other to deal with it. Yet, our world is becoming smaller; we are sharing risks - but do we also share dreams? The TRUST ROOM is one way to achieve this.

The TRUST ROOM's most important objective is to generate trust to oneself and between people of different reference systems. The TRUST ROOM provides a special environment to act and interact in an easier and more direct way compared to our regular rooms. For common creativity and cooperative solutions, we will meet our diverse ‚lifestyles‘ and strategies which hopefully will enrich us all. We are for instance using the power of appreciating language, individual movement, photography and soundscapes and fragrances to build up the sensory room.

By establishing TRUST ROOMS in our cities (e.g. by implementing it into public buildings, companies, theatres) we aim at creating a framework for an interactive collaborative learning

experience across cultures and sectors and different languages. As individuals and groups with different backgrounds are most likely to benefit from this experience.

In April 08 the TRUST ROOM took place in a tent in Muscat, Oman, where people from 45 nations met for the SoL Global Forum. (SoL, the Society for Organizational Learning, is an international learning community composed of organizations, individuals, and local SoL communities around the world. SoL was formed in April of 1997 to continue the work of MIT's Center for Organizational Learning (1991-1997).)



I PUT MY TRUST IN YOU written in Arabic, was one of the 'Welcomes' – others were the special sound and fragrance. The sound for the trust room has been composed by the artist Paul Divjak. The concept of his sound could be described as follows: 'Crunched everyday noise enriched with elegant piano pieces, transformed into contemplative minimal music.' The fragrance used is also created and bottled by Paul Divjak. All ingredients of his eau de cologne/natural spray for the TRUST ROOM are 100% organic. It effects calmness, strength, clarity and helps to feel grounded and confident.



One nonverbal possibility to get connected to each other visibly are white strings which are available to give as a present to other participants. On a screen participants see first photos of the empty room, then, some minutes later photos of themselves and the others and photos of their moments of contact (,Contact-Photos').



In the end of a session the white strings are getting cut and the participants have the possibility to write down their names and email/skyp-adresses to keep in contact and carry on their new found relationships – to keep the strings also over distances by using New Medias.

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Der Trust Room ist also ein sensorischer Raum, in dem sich diverse AkteurInnen unterschiedlicher Szenen treffen und sinnlich, einfach und unkompliziert Einblicke in verschiedenste Lebenswelten und Lebensentwürfe bekommen. Der Trust Room ist ein geschützter Ort, in dem das Vertrauen zu sich selbst und zu anderen Menschen begünstigt und kultiviert wird. Er kann diverse AkteurInnen dabei unterstützen, ihre Innovationspotenziale durch vertrauensbasiertes und kooperatives Agieren zu erweitern.

<http://www.trustroom.com/>